Moola Mantra

Om

Sat Chit Ananda Parabrahma

Purushothama Paramatma

Sri Bhagavathi Sametha

Sri Bhagavathe Namaha

The Mantra is like calling a name. Just like when you call a person he comes and makes you feel his presence, the same with this mantra you chant the words and the supreme energy manifests everywhere around you. As the Universe is Omnipresent, the supreme energy can manifest anywhere and any time. It is very important to know that the invocation with all humility, respect and with great necessity makes the presence stronger.

Simplified meaning of the Moola Mantra

Om - we are calling on the highest energy, of all there is

Sat - the formless

Chit - consciousness of the universe

Ananda - pure love, bliss and joy

Para brahma - the supreme creator

Purushothama - who has incarnated in human form to help guide mankind

Paramatma - who comes to me in my heart, and becomes my inner voice whenever I ask

Sri Bhagavate - the divine mother, the power aspect of creation

Sametha - together within

Sri Bhagavate -the Father of creation, which is unchangeable and permanent

Namaha - I thank you and acknowledge this presence in my life. I ask for your guidance at all time.